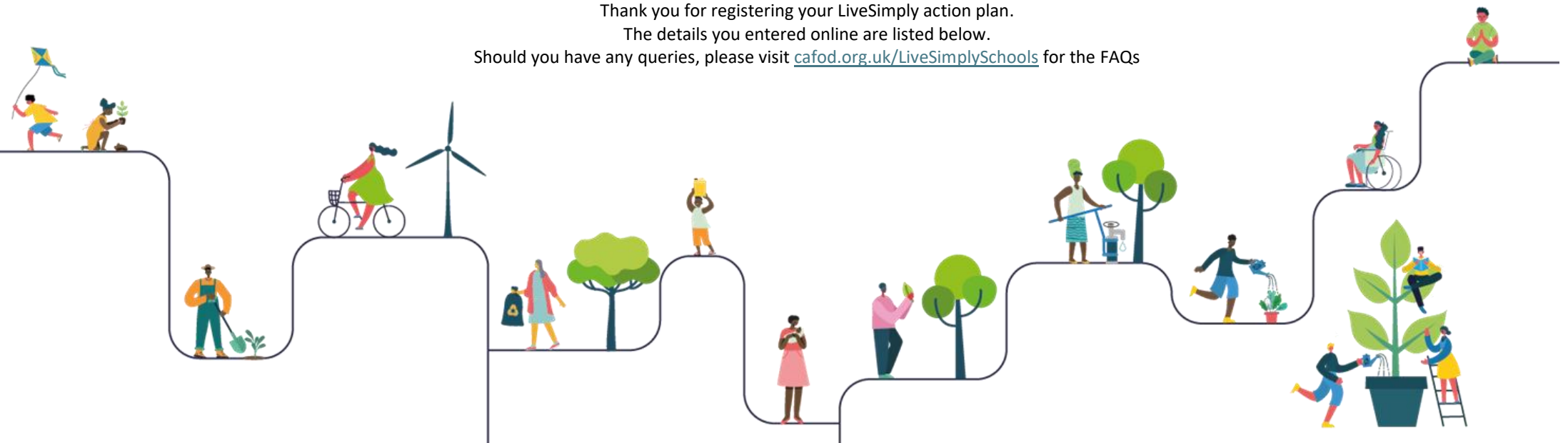


# LiveSimply

SCHOOL NAME: Greyfriars Catholic School  
CONTACT NAME : Frank Dillon

Thank you for registering your LiveSimply action plan.  
The details you entered online are listed below.  
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# Your LiveSimply action plan

## Global Actions

### **Action 1 *Living in Solidarity main action***

1A) \_\_\_ We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family. (Living in Solidarity)

#### **Global Faith element 1**

Whilst on the walk students will be asked to take a photograph of one thing of Beauty in Gods creation. Our House Irenaeus assembly will be using these photos to show how beautiful our local community is and why we should sustain it.

This is a lovely action to include with your CAFOD Big Lent walk, but as this is predominantly a living in solidarity action the assessors will be looking to see your students understand how faith is encouraging and inspiring them to raise funds for our overseas sisters and brothers. You may like to include CST Solidarity, Human Dignity and Preferential Option for the Poor as part of the link to faith too.

#### **Global Learning element 1**

Lessons in RE on supporting those more vulnerable and charitable acts.

The assessors will also be looking to see that your students know who CAFOD are and who they support.

### **How will you involve the wider community taking part in the action i.e. governors/families/parishioners/local people**

Governors, teachers and families were encouraged to participate in the Big Lent Walk with their students.

**Would you like a CAFOD visitor to deliver an assembly/workshop to support your CAFOD fundraising action?** Yes we would like a CAFOD visitor

### **Action 2**

2B) \_\_\_ We will take part in climate justice campaign action to support our global family (e.g. contact politicians to ensure the world's poorest communities are at the centre of decision making on climate change, as they are the people most affected). (Living in Solidarity)

#### **Global Faith element 2**

A mass in the school with a focus on climate change and the Pope Francis's encyclical on ecology, Laudato Si, that says climate change is real and mainly "a result of human activity." "Never have we so hurt and mistreated our common home as we have in the last two hundred years." We must all change our day-to-day actions to live more sustainably. "Reducing greenhouse gases requires honesty, courage and responsibility." On a larger scale, our leaders must be held to account. "Those who will have to suffer the consequences . . . will not forget this failure of conscience and responsibility."

Solving climate change means protecting the planet and vulnerable people, and we must hear "both the cry of the earth and the cry of the poor." Faith can guide us. "The entire material universe speaks of God's love, his boundless affection for us. Soil, water, mountains - everything is, as it were, a caress of God."

The problems are big and urgent. But hope remains if we act in honesty and love. "Humanity still has the ability to work together in building our common home . . . Truly, much can be done!"

#### **Global Learning element 2**

Young people to demand climate action. A letter based campaign to local politicians and representatives on the need for Climate change action locally and internationally. A focus on how climate change affects the most vulnerable in the world the most. .

### **Action 3**

3B) \_\_\_ We will take part in World Day of the Poor. Included within our actions for this day, pupils will write prayers for the world's poorest communities. (Living Simply)

#### **Global Faith element 3**

Writing prayers for the World day of the Poor. Use Pope Francis's message as the basis for assembly's that week.

#### **Global Learning element 3**

This will help our students

- . Be aware of the poor: To be aware of the needs of the poor in our communities and to respond to them
- . Be friends of the poor: To follow in the footsteps of Jesus by showing solidarity with the poor
- . Take social action: To take action to help the poor and vulnerable, such as through soup kitchens, food banks, or clothing drives
- . Pray together with the poor: To listen to the prayer of the poor and pray together with them

It's great to see you will be helping your students to learn more about what they can do locally to support people who are poor within the local community, but as this action focuses on the impact on our global community, the assessors will be looking for the prayers or actions that focus on our overseas sisters and brothers, particularly those living in extreme poverty.

## Local Actions

### **Action 1**

1B) \_\_\_ Pupils will write prayers and we will invite parents/parishioners and the local community to share time with us in prayer in our school (e.g. in a prayer garden or a special part of the school grounds/building). (Living Simply)

#### **Local Faith element 1**

After the development of a prayer garden in the school for times of quiet reflection. we will host a specific opening day where members of the local community and parish can visit and pray in our school.

#### **Local Learning element 1**

Local Priest to open garden and lead collective worship in the space to enable/empower staff and pupils to use the space effectively for reflection and prayer.

### **Action 2**

2A) \_\_\_ Inspired by Laudato Si' pupils will organise a litter pick in the community to protect wildlife and keep the local area tidy. Where possible, litter picked will be recycled appropriately. (You may wish to start your litter pick with a prayer.) (Living sustainably)

#### **Local Faith element 2**

Live as stewards of Gods Creation.

Laudato Si: Protect our world by living sustainably and simply.

#### **Local Learning element 2**

We will take part in the OxClean Spring Clean from 7th-17th March. The UK has a huge problem with litter and changing behaviour at home and in school will make a difference. We will organise Geography classes discussing litter behaviour around the world for KS3. We will also use general discussions in Form time and assemblies to raise awareness.

### **Action 3**

3B) \_\_\_ We will support our local foodbank. Pupils will be involved with organising, promoting, and checking the donations. Where possible we will visit a local foodbank or invite a representative to school to share more about their work. (Living in Solidarity)

#### **Local Faith element 3**

Catholic School Teaching - Human Dignity, solidarity, preferential option for the poor. We will also work in the teachings of St. John Bosco where the poor and needy are at the forefront of our support.

#### **Local Learning element 3**

Organising school food drives for Easter and Christmas. We will ask a representative of the local food bank to come and speak to the children during an assembly about their work.

## School Actions

### **Action 1 – Living Simply main action**

1A) \_\_\_ We will create/develop a prayer garden/outdoor spiritual space involving all pupils in some way (e.g. design, creation, prayer stones, planting bulbs, scattering seeds, creating prayers, leading worship). (Living simply)

#### **School Faith element 1**

Living as stewards of Gods creation. The creation of a Laudato Si Prayer Garden and School Quiet Garden.

This Laudato Si garden has multi purposes for the school:

- For private or communal prayers, there are several seating positions.

- Apart from providing an area for prayers, this Garden also acts as a School Quiet garden where all are welcome to sit in a peaceful reflective space.

Plant Wildflowers in this garden. Saint Francis, faithful to Scripture, invites us to see nature as a magnificent book in which God speaks to us and grants us a glimpse of his infinite beauty and goodness. "Through the greatness and the beauty of creatures one comes to know by analogy their maker" (Wis 13:5); indeed, "his eternal power and divinity have been made known through his works since the creation of the world" (Rom 1:20).

#### **School Learning element 1**

We will run this as a project during our enrichment slots on a Wednesday afternoon. Students will learn basic woodwork skills and gardening skills to develop the space.

#### **How will the school be involving the wider community in their Living Simply action**

Advertise the opening of the prayer garden in the school newsletter and local parish newsletters. Share weekly updates in the school newsletter of how the project is progressing.

There may also be opportunities for the wider community to contribute to the development of your prayer garden, they may be able to share plants/seeds with you, or perhaps there may be a local tree surgeon who can share logs which you may use as seating. Or your students may like to write to local supermarkets to see if they can support in anyway (they often have community funds to share with projects).

### **Action 2 – Living Sustainably main action**

2B) \_\_\_ We will take part in a whole school "disconnect to reconnect" day, switching off electrical appliances and using minimal energy to lower our carbon footprint. Pupils will be able to spend time connecting with nature and/or other people. Continuing after school with families encouraged to live sustainably by reducing power consumption, spending time together instead e.g. gardening, playing a simple game, or going for a walk/bike ride. (Living Sustainably/Living Simply)

#### **School Faith element 2**

Pope Francis has also spoken out about climate change, including:

Writing the encyclical Laudato Si in 2015, which supports scientific evidence that human activity is responsible for global warming

Declaring a "climate emergency" and urging action

Calling on world leaders to act on climate change

Saying that the Earth is "sick" and that we must protect nature .

These writings will be used as the basis of an assembly before the switch off day in July.

#### **School Learning element 2**

Science lesson on reducing our carbon footprint and assembly's on this. Focus on Pope Francis's message that 'Irresponsible' Western Lifestyles Push the World to 'the Breaking Point' on Climate.

**How will the school be involving the wider community in their Living Sustainably action**

Advertise the Switch off day in the school newsletter and local parish newsletters. Share weekly updates in the school newsletter of how sustainability is at the heart of Catholic Social Teachings.

**Action 3**

3C) \_\_\_ Inspired by Laudato Si' we will help protect the environment by cutting our carbon footprint, encouraging walking/scooting/cycling to school and appreciating our environment (e.g. pupils to look for God's creations on their journey and share what they have spotted). (Living Sustainably)

**School Faith element 3**

Laudato Si - to protect our world by living simply. Links to St. Francis of Assisi

**School Learning element 3**

Healthy schools. As the weather improves and days become longer promote walking/cycling to school. Get kids to notice and photograph one thing of beauty on their walk to school.

Cycling club.

Safety First message regarding helmets.

## **Main Actions**

### **Living Simply**

1A) \_\_\_ We will create/develop a prayer garden/outdoor spiritual space involving all pupils in some way (e.g. design, creation, prayer stones, planting bulbs, scattering seeds, creating prayers, leading worship). (Living simply)

### **Living Sustainably**

2B) \_\_\_ We will take part in a whole school "disconnect to reconnect" day, switching off electrical appliances and using minimal energy to lower our carbon footprint. Pupils will be able to spend time connecting with nature and/or other people. Continuing after school with families encouraged to live sustainably by reducing power consumption, spending time together instead e.g. gardening, playing a simple game, or going for a walk/bike ride. (Living Sustainably/Living Simply)

### **Living in Solidarity**

1A) \_\_\_ We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family. (Living in Solidarity)

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## **School/Contact Details**

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Oxford  
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### **Phone**

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Any queries please view our FAQ on [www.cafod.org.uk/LiveSimplySchools](http://www.cafod.org.uk/LiveSimplySchools) or email [schools@cafod.org.uk](mailto:schools@cafod.org.uk)