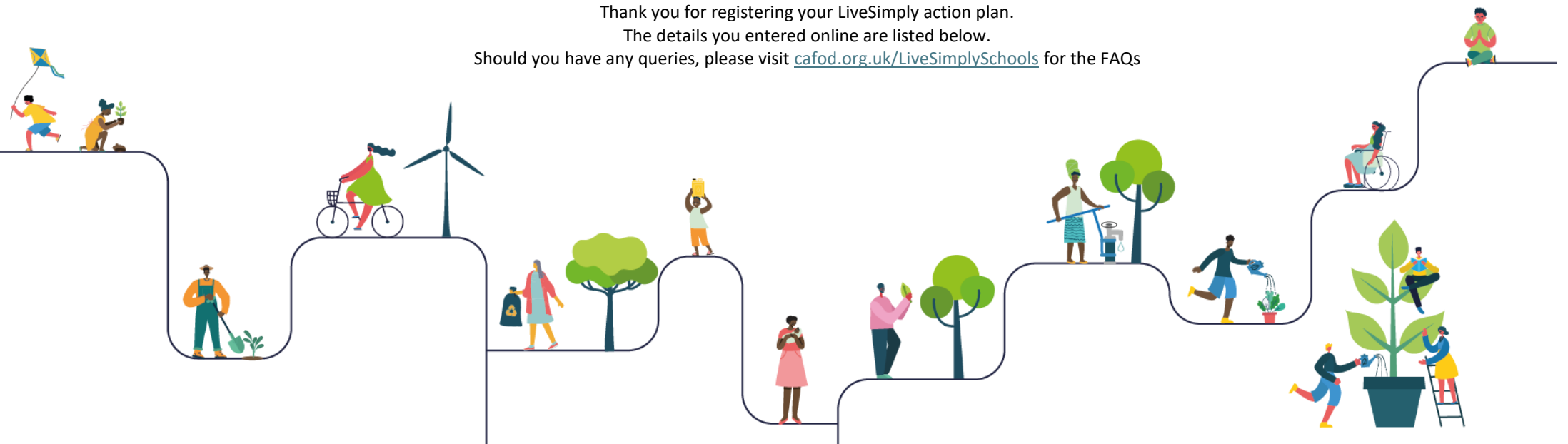


LiveSimply

SCHOOL NAME: St Thomas More RC Primary School
CONTACT NAME : Lisa Machin

Thank you for registering your LiveSimply action plan.
The details you entered online are listed below.
Should you have any queries, please visit cafod.org.uk/LiveSimplySchools for the FAQs



Your **LiveSimply** action plan

Global Actions

Action 1 *Living in Solidarity main action*

1B) ___ We will raise funds to purchase CAFOD World Gifts. The whole school can fundraise together, or each class can choose how they will fundraise. Pupils can be involved in choosing the gifts. (Living in Solidarity)

Global Faith element 1

The whole school will fundraise during the season of Lent as part of our preparation for Easter.

Pupils will be actively involved in choosing the CAFOD World Gifts they would like to raise money for.

Children will know that Lent is a time to think about our Global Neighbours and will say prayers for our brothers and sisters around the world during prayer and liturgy.

We will revisit Pope Francis' Fratelli Tutti 'asking us to reach out to our sisters and brothers in need, whoever they are, wherever they may come from.

<https://cafod.org.uk/education/fratelli-tutti-for-schools>

We will sing the hymn: Whatsoever you do to the least of my brothers during prayer and liturgy

Children will write intercessions for prayer and liturgy for the poor and vulnerable

https://worldgifts.cafod.org.uk/?srsltid=AfmBOoqo6LZICD95UMW5y7qv0KerR4QmFCf0-YYX87Nu_DZIFxeiHZ0g

Global Learning element 1

The whole school will fundraise by taking part in a baking and cooking project during DT lessons and selling their baked goods during Lent. This will give the children a real purpose for their cooking.

By raising money and giving children ownership of how the gifts will be spent this develops their leadership skills.

Each class will be given a choice of CAFOD World Gifts and will discuss and debate and justify which they would like to support. This will give children the opportunity to develop their oracy skills and justify their choices.

Children will take the lead on organising the fundraising by promoting it to parents and families; e.g. creating posters. They will take the lead in inviting governors and families to the baked goods sale and collecting funds raised and counting the money.

Pupils will learn more about the support that CAFOD gives to others and how World Gifts works and why God asks us to care for those less fortunate.

<https://worldgifts.cafod.org.uk/pages/schools>

How will you involve the wider community taking part in the action i.e. governors/families/parishioners/local people

Children will create persuasive and informative posters and leaflets to share with families and parishioners to explain the purpose for the fundraising.

Parishioners will be invited to contribute and come along to the baked goods sale.

We will post on 'Parent Hub' our school communication app about what is happening and why and promote the baked goods sale. Parents and families will be invited to bake at home also to increase the amounts raised for World Gifts and to make it a community effort.

We will share the link for World Gifts to parents and families to encourage them to donate directly to CAFOD

https://worldgifts.cafod.org.uk/?srsltid=AfmBOoqo6LZICD95UMW5y7qv0KerR4QmFCf0-YYX87Nu_DZIFxeiHZ0g

Would you like a CAFOD visitor to deliver an assembly/workshop to support your CAFOD fundraising action? Yes we would like a CAFOD visitor

Action 2

2B) ___ We will take part in climate justice campaign action to support our global family (e.g. contact politicians to ensure the world's poorest communities are at the centre of decision making on climate change, as they are the people most affected). (Living in Solidarity)

Global Faith element 2

We will make links between climate justice and Catholic Social Teaching: Stewardship of God's Creation.

We will link to Scripture: The Lord God took the man and put him in the Garden of Eden to work it and take care of it.

Genesis 2: 15

Gospel Virtues: Curious and Active - children will be active and take part in sharing their voice. They will take responsibility for recycling more and switching off lights and electronic devices, closing doors to keep heat in and turning off taps in school.

Children will use CAFOD resources and the Laudato-si- animation to explain Pope Francis' call for us to take action to save our common home

Children will write prayers for Creation and discuss the ways in which they can make a difference to climate change.

<https://cafod.org.uk/education/primary-teaching-resources/laudato-si-for-children>

Children will sing hymns linked to Creation (All things bright and beautiful; I the Lord of Sea and Sky) in assemblies and during prayer and liturgy and whole school Mass and reflect on the meaning of these prayers.

Global Learning element 2

Children in Key Stage 2 will learn the difference between climate change and climate justice through the CAFOD resources and workshop.

Children will create art work linked to climate justice and create a display in school.

Cross-curricular links with our Geography curriculum will be made when learning about the affects of climate change in Polar regions.

Other cross curricular links in Key Stage 2 will be made with our 'Living Sustainably' unit. This is an opportunity to weave Catholic Social Teaching within our whole school curriculum.

<https://cafod.org.uk/education/campaign-in-your-school/get-creative-for-climate-justice-primary-schools>

Children will learn that they can have a voice in our democracy and make links with British Values as their work will be submitted to CAFOD with the possibility of being chosen to be shown in the Houses of Parliament.

Action 3

3C) ___ We will take part in Refugee Week, raising awareness and spending time in prayer for our fellow brothers and sisters forced to flee their homes overseas. (Living Simply)

Global Faith element 3

Catholic Social Teaching: Dignity of the Human Person: Solidarity and the Common Good

Children write prayers for refugees

We will make links to Scripture that teach us to respect all humans as we are all made in the image and likeness of God and we must all take care of one another so that we can all reach our potential.

Then God said, 'And now we will make human beings; they will be like us and resemble us.' So God created human beings, making them to be like himself.

Genesis 1: 26-27

If one part suffers, every part suffers with it; if one part is honoured, every part rejoices with it.

1 Corinthians 12:26

And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.'

Matthew 25:40

Prayer and Liturgy will focus on Refugees this week.

We will use prayers from CAFOD and share these with parents and families

<https://cafod.org.uk/pray/prayer-resources/refugee-prayers>

Pupils will also be reminded that Joseph and Mary were refugees when Jesus was born and relied on the help of strangers.

Global Learning element 3

We will hold a Whole School Assembly to launch World Refugee week (June 16th - June 22nd 2025)

We will use CAFOD resources and use the video link

<https://cafod.org.uk/education/primary-teaching-resources/refugee-resources>

Each class will use age-appropriate stories and poems linked to our curriculum to help them understand what a refugee is and why people are forced to flee their home countries. They will reflect on the challenges of leaving home and break down stereotypes in media about refugees and migrants. They will look at Art work depicting refugees and reflect on how it would feel to be forced to flee your home.

Catholic Social Teaching will become embedded within our existing History and Geography Curriculum as children in Key Stage 2 study Migration and the Second World War and learn about the plight of those who have been forced to flee their homes.

Local Actions

Action 1

1A) ___ We will create/maintain a link with a local care home, enabling our younger and older generations to share time together (e.g. talking, playing games such as dominos, learning more about the life of our older community, hearing top tips, singing to/with them, sending cards/letters). (Living Simply)

Local Faith element 1

The school choir will visit the local care home and sing carols at Christmas time. They will spend time chatting to the residents and share tea and biscuits.

In the Spring term pupils will send Easter cards to the residents and write to them about what has been happening at school. They will draw pictures and write prayers to send also.

We will arrange another date to visit the care home to play some games and sing songs. Children will bring some of their school work to show the residents also.

Links with Catholic Social Teaching: 'Dignity of the Human Person'

Each person is made 'in the image and likeness of God.' Thus it follows that 'every person's life and dignity must be respected and supported from conception until the end of their natural life on earth.'

Gospel Virtues: Compassionate and Loving - children will have opportunities to show compassion and love to others

During prayer and liturgy, children will pray for the elderly and in particular those who do not have family or loved ones to care for them. They will develop their understanding of Vocation and how they can share their gifts and talents to help others.

Matthew 25:14-30: The Parable of the Talents

Children will remember the story of St Thérèse of Lisieux and follow her example to show small acts of kindness. "Nothing is small in the eyes of God. Do all that you do with Love"

<https://missiontogether.org.uk/calendar/st-therese-of-lisieux/>

Local Learning element 1

This will help pupils with their own personal development because they will learn that all members of society, old and young are important and everyone has a part to play. They will learn that small acts of kindness are always appreciated and that they can have a positive impact on the lives of others.

This action will encourage relationships with the elderly in our community. The pupils will find out more about the residents and what they recall about their childhood, what is similar and what is different and what jobs the residents may have had.

Action 2

2A) ___ Inspired by Laudato Si' pupils will organise a litter pick in the community to protect wildlife and keep the local area tidy. Where possible, litter picked will be recycled appropriately. (You may wish to start your litter pick with a prayer.) (Living sustainably)

Local Faith element 2

Inspired by Laudato Si' we will organise litter picks in the local community and invite others to join us or collect litter when they can so our environment is safer for wildlife and more pleasant for residents.

Children will make links with Catholic Social Teaching: Stewardship of God's Creation and Gospel Virtues: Intentional and Prophetic and understand that we all can make a difference and

we all have a responsibility to care for our environment.

Pupils will watch CAFOD's Laudato Si' Animation and refer back to the pledges that they made and how this action links to caring for creation.

<https://cafod.org.uk/Education/Primary-teaching-resources/Laudato-Si-for-children>

We will say a prayer at the start of each litter pick ensuring we keep God's creation in our thoughts and minds and why it is important to care for people and planet.

Genesis 2: 15: The Lord God took the man and put him in the Garden of Eden to work it and take care of it.

Local Learning element 2

Catholic Social Teaching will be embedded through our whole school curriculum. The Year 5 pupils will link this to their local study unit in Geography and their Sustainability unit . They will share their action with the rest of the school and parents and families and encourage everyone in our community to collect litter when they can so our environment is safer for wildlife and more pleasant for residents.

They will take photos to show their actions and to show the impact of their actions. A report and photos will be shared on Parent Hub (our whole school communication App) to inform parents and governors of their actions.

Children will identify which items can be recycled and do this when they get back to school.

Litter picks will be followed up throughout the year and children will encourage their parents and families to recycle at home.

<https://www.eco-schools.org.uk/ten-topics/litter/>

Action 3

3B) ___ We will support our local foodbank. Pupils will be involved with organising, promoting, and checking the donations. Where possible we will visit a local foodbank or invite a representative to school to share more about their work. (Living in Solidarity)

Local Faith element 3

We will continue to support our local foodbank: North Oxfordshire Community Foodbank (NOCC); particularly at Harvest time.

<https://livewell.oxfordshire.gov.uk/Services/1075>

Children will take the lead in regularly checking what items are needed and they will share this information with parents via Parent Hub (our online whole school communication App).

Pupils will be involved in sorting the donations (checking the items are in date) and contacting the volunteers to arrange collection.

Catholic Social Teaching: Option for the Poor and Vulnerable and Solidarity and the Common Good

At Harvest Time we will continue to celebrate the gifts of the harvest whilst also remembering that not everyone is so fortunate. We will use our Harvest Celebration assembly teach children about the importance of helping those less fortunate.

We will share the CAFOD video clip <https://www.youtube.com/watch?v=t-SvwrYB2e0>

Matthew 25:35 When I was hungry you gave me something to eat.

During Advent, the pupils taking their Sacraments of First Holy Communion and Confirmation this academic year will take part in a Giving Mass. Along with the parish community, children will bring a toy or gift suitable for a child aged 4-11 years to the Mass. There will be collection points in church . These gifts will be distributed amongst the more vulnerable in our community.

Children will see themselves as active members of the parish and local community and that by working in solidarity we are more effective and can make a positive difference.

Corinthians 1: 12 Now you are the body of Christ, and each one of you is a part of it.

Local Learning element 3

Children will recognise that there are members of our local community that are vulnerable and that through their small actions they can live out Catholic Social Teaching. Our links with the parish will strengthen as we work together to help others.

Children will meet the representative from the foodbank and have a chance to talk about their work and the need for foodbanks.

We will ensure pupils are aware of human dignity and we all need support from others at times in our lives.

School Actions

Action 1 – Living Simply main action

1C) ___ Pupils and staff will each write a LiveSimply pledge, and we will create a display. We will individually keep a note of our pledges so we can revisit them. (Living simply)

School Faith element 1

We will launch our LiveSimply journey through a special assembly and reflect on why we are taking this path as a whole school community.

Every child and adult in school will write a LiveSimply pledge which will be displayed in school.

We will sing hymns: All things Bright and Beautiful; I the Lord of Sea and Sky;

We will link this to answering God's call to use our gifts and talents to serve others. Children will appreciate that everyone has a responsibility to take action and that it is achievable if we work together.

Gospel Virtues:

Intentional and Prophetic: We can be intentional in the way we live and use the resources of the earth

We can be prophetic in the example we set to others.

We will use the Live Simple assembly resources and animations to help explain to pupils how this links to Catholic Social Teaching

<https://cafod.org.uk/campaign/livesimply-award/livesimply-award-for-schools>

LiveSimply Prayer from CAFOD

School Learning element 1

Children and adults will have a greater understanding understand what Live Simply, Live Sustainably and Live in Solidarity means in our own lives.

They will take responsibility for their own actions and share their learning with their parents and families.

We will share our LiveSimply journey and pledges with parents and families on our school website and through Parent Hub (our online school communication App).

We will encourage and challenge families and the parish to join us and consider taking their own actions to live simply and to share how they are contributing. We will celebrate and share all actions through our school website and in assemblies.

How will the school be involving the wider community in their Living Simply action

We will communicate with parents how we as a school plan to Live Simply.

We will share information on the school website and via Parent Hub.

During open mornings or book look afternoons, parents will be able to see our whole school displays and find out what what we plan to do.

Action 2 – Living Sustainably main action

2B) ___ We will take part in a whole school "disconnect to reconnect" day, switching off electrical appliances and using minimal energy to lower our carbon footprint. Pupils will be able to spend time connecting with nature and/or other people. Continuing after school with families encouraged to live sustainably by reducing power consumption, spending time together instead e.g. gardening, playing a simple game, or going for a walk/bike ride. (Living Sustainably/Living Simply)

School Faith element 2

On Sports Day we will hold a "disconnect to reconnect" day in school where we will limit the use of electricity for the whole day and evening.

Catholic Social Teaching -Laudato Si and caring for our common home.

We will hold prayer and liturgy outside and children will be encouraged to listen and be quiet and notice what they can see and hear in God's creation.

Gospel Virtues: Curious and Active. Pupils will be curious and focus on God's creation and will be active because they are living out the Catholic Social Teaching of caring for our common home.

Canticle of Creation: St Francis of Assisi

Pupils will revisit the message of St Therese of St Thérèse of Lisieux. They will reflect on the small actions that we can take that show our love for God's world.

School Learning element 2

Children will discuss and plan the activities that they would like to do after Sports Day events . They will be encouraged to make links with their Live Sustainably pledges and our ongoing mission to take care of our environment.

Sports day lasts for the morning. Instead of having cooked lunches in school; we will ask all children to bring a packed lunch for a whole school picnic outside.

Suggested actions during the afternoon could include: Litter picking around the school grounds or in the community; tidying the forest school area; planting or weeding the planting areas; going on a nature walk; sketching living things (mini-beasts, plants, flowers) in our school grounds or local park; painting and drawing linked to nature and the environment. Writing prayers for Living Simply and Sustainably.

Pupils will be more aware of what living sustainably could look like and will be encouraged to reflect on what they have learnt and how they can build on this going forward.

How will the school be involving the wider community in their Living Sustainably action

We will commit to not using or limiting our use of electric lights, photocopying, laptops, interactive whiteboards etc and we will commit to a day of using the outdoors. We will encourage this to continue at home for the evening with families.

We will ask children to report back on how they have managed to impact the amount of electricity used at home and share with the rest of their class.

School Council members will be responsible for checking that lights and devices are not switched on during the day and remind adults (including office staff, catering staff and cleaners and caretakers) to do the same.

Action 3

3B) ___ We will use our school grounds to live more sustainably (e.g. growing produce, planting wildflowers and pollinator friendly plants, planting trees). (Living Sustainably)

School Faith element 3

We will continue to plant and grow seeds in our school grounds. We will make the link between being Stewards of God's Creation more explicit as we do this.

Pupils will take responsibility for maintaining the garden areas and looking after the plants as they grow. They will live out Catholic Social Teaching: Stewardship of God's Creation and take pride in maintaining healthy plants and flowers.

Children will have opportunities to hold prayer and liturgy outside where they can take time to appreciate the simplicity of nature.

Matthew 13:31-21 Parable of the Mustard Seed. Children will be encouraged to reflect on the teachings of Jesus and that no matter how small something may be at the beginning, with care and love and guidance it can grow to become strong and healthy

Prayer will be more meaningful and simple - without using power points and photographs - just listening to the Word of God and taking time to slow down and reflect

As it is the Year of the Jubilee - we will be inspired by creation and nature to hope for a brighter future for our planet.

School Learning element 3

Children will learn that living sustainably is something that we can all do. They will be encouraged and inspired to plant seeds and grow produce and flowers at home.

Links will be made with Science units as pupils learn about life-cycles of plants and animals and how all life is interdependent. If one part is damaged or destroyed it has an impact on other plants and animals.

They will keep a record of their planting activities and take photos of the changes throughout the season.

Main Actions

Living Simply

1C) ___ Pupils and staff will each write a LiveSimply pledge, and we will create a display. We will individually keep a note of our pledges so we can revisit them. (Living simply)

Living Sustainably

2B) ___ We will take part in a whole school "disconnect to reconnect" day, switching off electrical appliances and using minimal energy to lower our carbon footprint. Pupils will be able to spend time connecting with nature and/or other people. Continuing after school with families encouraged to live sustainably by reducing power consumption, spending time together instead e.g. gardening, playing a simple game, or going for a walk/bike ride. (Living Sustainably/Living Simply)

Living in Solidarity

1B) ___ We will raise funds to purchase CAFOD World Gifts. The whole school can fundraise together, or each class can choose how they will fundraise. Pupils can be involved in choosing the gifts. (Living in Solidarity)

School/Contact Details

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